

Louisiana State Games Cross Country Championships

Saturday, October 24th, 2026

Event location:

**University of Louisiana Monroe
Brown Stadium
518 Warhawk Way
Monroe, LA 71209**

Boys and Girls K - 8th Grades
Registration starts at 8 a.m.

Race Divisions, Starting Times, and Distances

	Girls	Boys
5 & 6th Grades	10:30 a.m. - 1 mile	10:45 a.m. - 1 mile
7 & 8th Grades	11:00 a.m. - 1.5 mile	11:20 a.m. - 1.5 mile
**Awards for 5-6th and 7-8th grades in front of Brown Stadium		
3rd & 4th Grades	11:45 a.m. -1 mile	12:00 p.m. - 1 mile
K & 2nd Grades	12:15 p.m. -.5 mile	12:30 p.m. .5 mile
**Awards for 3&4th and K-2nd on the soccer field		

Medals are presented to the first ten finishers in each age group.
Certificates will be given to the first 15 finishers in each age group.

SPONSORS: Louisiana State Games and Discover Monroe-West Monroe

For more information call: Scott Bruscato at sbruscato@monroe-westmonroe.org
or 318-387-5691 - (O) or 318-680-0904 (C)
Meet information can also be found at www.louisianastategames.com

MEET INSTRUCTIONS

Registration:

All teams must visit www.la.milesplit.com to register their team and enter their runners. We are moving to chip timing, and bibs will be pre-assigned.
Late registration and packet pickup will start at 9:30 a.m. on Saturday, October 24th, 2026. A registration and t-shirt pickup table will be located inside the stadium, near the fieldhouse. Registration will be open until 30 minutes before your race. The entry fee is \$10.00 per individual and \$110.00 per school (for both boys and girls).

Uniforms or Race Attire:

Teams are encouraged to wear school-issued uniforms of a similar kind if possible. Individual or unattached athletes can wear shorts & T-shirts of their choice.

Racecourse:

The start is behind the softball field and finishes on the track near the bleachers.

Spectators:

Coaches can go out onto the course to cheer on their athletes; however, we ask parents and spectators to watch the race from the bleachers. **All coaches/athletes, please stay off the soccer field.**

**WEBSITE TO DOWNLOAD INFORMATION: ** Teams will register at www.la.milesplit.com and may bring payment on the day of the meet. Teams must be registered, and payment must be received by October 9th in order to receive t-shirts.

**Dear Cross Country Coach,

Your team is invited to participate in the Louisiana State Games Cross Country Championships at ULM's Brown Stadium on Saturday, October 24th, 2026.

The top three finishers in each group will qualify to compete in the National Congress of State Games of America during the summer of 2028. For more information about the State Games of America, please visit www.stategames.org.

Coaches, if you are unable to attend, your athletes can still register as individuals and represent your school.

Medals will be awarded to the top ten finishers in each race, and certificates will be presented to the first fifteen finishers in each race. Championship and runner-up awards will be given to each division.

The entry fee is \$10.00 per individual or \$110.00 per school (for both boys and girls).

Please make checks payable to:
Discover Monroe-West Monroe
PO Box 1436
West Monroe, LA 71294-1436

We encourage you to increase interest in this State Meet by sharing this information with other coaches in your area. Feel free to make copies of the enclosed information for those who may be interested.

Teams must register and send t-shirt sizes to nlegggett@monroe-westmonroe.org by October 9th to receive t-shirts. Schools and athletes can continue registering after October 9th but will not receive a Louisiana State Games t-shirt.

Thank you,

Scott Bruscato

Email: sbruscato@monroe-westmonroe.org
FAX: 318-324-1752
PHONE: 318-387-5691
WEBSITE: www.louisianastategames.com

**LOUISIANA STATE GAMES
CROSS COUNTRY CHAMPIONSHIPS**

INDIVIDUAL \$10 per runner

REGISTRATION AND RELEASE FORM

LOUISIANA STATE GAMES ELEMENTARY AND MIDDLE SCHOOL CROSS COUNTRY
CHAMPIONSHIPS

**University of Louisiana Monroe
Brown Stadium
518 Warhawk Way
Monroe, LA 71209**

Saturday, October 24th, 2026

Name: _____ School or Club: _____
(Please print)

Home Address: _____ City: _____ St: _____

Date of Birth: _____

Phone: _____

Email: _____

RACE DIVISIONS:

Male: _____ Female: _____

Grade: _____

****RELEASE STATEMENT:**** In consideration of my participation in the Louisiana State Games Cross Country Championships, I, on behalf of myself and anyone entitled to act on my behalf, waive and release the Louisiana State Games, Discover Monroe-West Monroe, West Ouachita High School, University of Louisiana Monroe and all affiliated members, sponsors, their representatives, and successors from any and all claims or liabilities of any kind arising from my participation in this event, even if the liability arises from negligence or carelessness on the part of those named in this waiver. Additionally, I grant permission to all aforementioned parties to use any photographs, motion pictures, videos, recordings, or other event documentation for legitimate purposes.

Parents or Coach
Signature _____

For Office only:

Date received: _____ Check #: _____ Cash: _____

Make checks out to:

**Discover Monroe-West Monroe
PO Box 1436
West Monroe, LA 71294-1436**

Teams must register and pay by October 9th to receive t-shirts. Please email shirt sizes to Nicole at nleggett@monroe-westmonroe.org

**LOUISIANA STATE GAMES
CROSS COUNTRY CHAMPIONSHIPS
Team \$110 per School Entry**

REGISTRATION AND RELEASE FORM
**University of Louisiana Monroe
Brown Stadium
518 Warhawk Way
Monroe, LA 71209
Saturday, October 24, 2026**

School Name: _____
(please print)

Coach's Name: _____
(Please print)

School Phone Number: _____

Coach's Cell Phone: _____

Coach's Email: _____

RACE DIVISIONS:

7th & 8th Grade	Boy _____	Girl _____
5th & 6th Grade	Boy _____	Girl _____
3rd & 4th Grade	Boy _____	Girl _____
K - 2nd Grade	Boy _____	Girl _____

TEAM MEMBERS NAMES

First and Last Names

- | | |
|----------|-----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |
| 7. _____ | 8. _____ |
| 9. _____ | 10. _____ |

****Release Statement:**** In consideration of my team's participation in the Louisiana State Elementary and Middle School Cross Country Championships, I, as the coach of this team, and anyone authorized to act on my behalf, hereby waive and release the Louisiana State Games, Discover Monroe-West Monroe, West Ouachita High School, University of Louisiana Monroe all affiliated members, sponsors, and their representatives and successors from any and all claims or liabilities of any kind. This includes any issues that may arise from my team's participation in the aforementioned program, even if such liabilities result from negligence or carelessness on the part of the individuals named in this waiver. Additionally, as the coach of this team, I grant permission to all the aforementioned parties to use any photographs, motion pictures, videos, recordings, or other event records for legitimate purposes.

Coach's Signature: _____

For Office only:

Make checks out to:

**Discover Monroe-West Monroe
PO Box 1436, West Monroe, LA 71294-1436**

Teams must be registered, and payment must be received by October 9th for teams to receive t-shirts. Please email sizes to Nicole at nleggett@monroe-westmonroeorg.